

Choices

A Community Social Center
 320 E South St
 Akron, OH 44311
 Phone: (330) 762-8151
 Fax: (330) 762-5041
 Members: (330) 762-2850



January 2018



Monday - Friday 9:00-5:00 www.choicesakr.com
 choicesakr@sbcglobal.net www.facebook.com/choicesakr

SUN MON TUE WED THU FRI SAT

All support groups are open to the community

Mondays

Second & Fourth Recovery on Tape 10:30
 Music 12:30
 Healthy Eating 2:00
 "Narcotics Anon 6:00

Tuesdays

BRIDGES Group 11:00
 Men's Group 1:00
 NAMI Connections 2:30
 Narcotics Anon 6:00

Wednesdays

Narcotics Anon 6:00

Thursdays

Hope through Wellness
 Thursday 3:30

Fridays

Act Up 2:30
 Alcoholics Anon 5:30

Sundays

Narcotics Anon 6:00

Support Groups At CEOC
 150 Cross St. Suite 316
 Every Tuesday with Dr. Frese
 Recovery Group 2:00 to 3:00

Bi Polar Group 1:30 to 3:00
 2nd & 4th Monday

Trip sign-up begins
 Monday at 9:30 and continues through the week for trips that run the next, and following, week.
 Eligible dates are listed in the Sunday column of each week.

Trips are subject to change or cancelled due to weather or any situation beyond our control.

CEOC Open
 9am—3pm
 (330) 253-9487
 150 Cross St
 Suite 316
 Akron, Ohio

Sign up this week for Trips starting 1/7 to 1/21 NA Meeting 6 to 7:30	¹ Closed Happy New Year!	² Craft rm. BRIDGES Group 11:00 Lunch 12:00 Craft rm. Men's Group 1:00 Craft rm. NAMI Connections 2:30—4:00 NA Meeting 6:00-7:30 CEOC Recovery Group With Dr. Frese 2:00 to 3:00	³ Lunch 12:00 Craft rm. Advisory Council 2:00 NA Meeting 6:00—7:00 Last day to pay for Cracker Barrel	⁴ Craft rm. Creative Fun 10:30 Lunch 12:00 Bingo 3:00 Hope through Wellness 3:30 Last day to pay for Golden Corral & Interstate 18	⁵ Cracker Barrel 11:45 \$10.10 Lunch 12:00 Craft rm. Act Up 2:30 AA Meeting 5:30—6:30	⁶ Closed
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	SUN	MON	TUE	WED	THU	FRI	SAT
<p>All Club 2nd & 4th Wednesdays 1:00</p> <p>Advisory Council Every Wednesday 2:00</p> <p>Deadline for signing up for picnics/special events is Friday of previous week</p>	<p>7</p> <p>Sign up this week for Trips starting 1/14 to 1/28</p> <p>NA Meeting 6 to 7:30</p>	<p>8</p> <p>Craft rm. Recovery on tape 10:30</p> <p>Golden Corral & Interstate 18 11:00 \$11.75</p> <p>Lunch 12:00</p> <p>Conference rm. Music 12:30</p> <p>Craft rm. Healthy Eating 2:00</p> <p>NA Meeting 6:00-7:30</p> <p>CEOC Bi Polar Group 1:30 to 3:00</p>	<p>9</p> <p>Bingo 10:00</p> <p>Craft rm. BRIDGES Group 11:00</p> <p>Lunch 12:00</p> <p>Craft rm. Men's Group 1:00</p> <p>Craft rm. NAMI Connections 2:30-4:00</p> <p>NA Meeting 6:00-7:30</p> <p>CEOC Recovery Group With Dr. Frese 2:00 to 3:00</p>	<p>10</p> <p>Lunch 12:00</p> <p>Big rm. All Club 1:00</p> <p>NA Meeting 6:00-7:00</p> <p>Last day to pay for Botanical Gardens</p>	<p>11</p> <p>Craft rm. Creative Fun 10:30</p> <p>Lunch 12:00</p> <p>Craft rm. Hope through Wellness 3:30</p>	<p>12</p> <p>Botanical Gardens Box lunch 10:30 \$8.50</p> <p>Lunch 12:00</p> <p>Craft rm. Act Up 2:30</p> <p>AA Meeting 5:30-6:30</p>	<p>13</p> <p>Closed</p>
<p><u>Trips are subject</u></p> <p>to change or cancelled due to weather or any situation beyond our control.</p>	<p>14</p> <p>Sign up this week for Trips starting 1/21 to 2/4</p> <p>NA Meeting 6 to 7:30</p>	<p>15</p> <p>Closed</p> <p>Martin Luther King Day</p>	<p>16</p> <p>Craft rm. BRIDGES Group 11:00</p> <p>Lunch 12:00</p> <p>Craft rm. Men's Group 1:00</p> <p>Craft rm. NAMI Connections 2:30-4:00</p> <p>NA Meeting 6:00-7:30</p> <p>Last day to pay for IHOP</p> <p>CEOC Recovery Group With Dr. Frese 2:00 to 3:00</p>	<p>17</p> <p>Lunch 12:00</p> <p>Craft rm. Advisory Council 2:00</p> <p>Bingo 3:30</p> <p>NA Meeting 6:00-7:00</p>	<p>18</p> <p>Craft rm. Creative Fun 10:30</p> <p>IHOP 12:00 \$9.50</p> <p>Lunch 12:00</p> <p>Craft rm. Hope through Wellness 3:30</p>	<p>19</p> <p>Postcard Pen Pals 10:15</p> <p>Lunch 12:00</p> <p>Craft rm. Board Meeting 12:00</p> <p>Craft rm. Act Up 2:30</p> <p>AA Meeting 5:30-6:30</p> <p>Last day to sign up for Haircuts</p>	<p>20</p> <p>Closed</p>
<p>All-Club January 10th & 24th 1:00</p> <p>Help plan the calendar what type of food, games, and activities do YOU want to do? Win raffle prize(s).</p>							
<p>Choices board meeting is open to all members of the community.</p> <p>January 19th 12:00</p>							

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	SUN	MON	TUE	WED	THU	FRI	SAT
<p align="center">Van Trips</p> <p>Due to limited space availability, Choices will provide transportation for the first members that sign up and pay (when necessary) for an outing.</p> <p>Due to limited space on the Calendar make sure you get all the details when you sign up for any activity/trip.</p> <p align="center">ALL GROUPS & ACTIVITIES ARE SUBJECT TO CHANGE</p>	<p><u>21</u></p> <p>Sign up this week for Trips starting 12/31 to 1/14</p> <p>NA Meeting 6 to 7:30</p>	<p><u>22</u></p> <p>Craft rm. Recovery on tape 10:30</p> <p>Lunch 12:00</p> <p>Craft rm. Music 12:30 to 1:00</p> <p>Conference rm. All Staff Meeting 1:00</p> <p>Craft rm. Healthy Eating 2:00</p> <p>NA Meeting 6:00-7:30</p> <p>CEOC Bi Polar Group 1:30 to 3:00</p>	<p><u>23</u></p> <p>Craft rm. BRIDGES Group 11:00</p> <p>Lunch 12:00</p> <p>Craft rm. Men's Group 1:00</p> <p>Haircuts 1:00 Free</p> <p>Craft rm. NAMI Connections 2:30-4:00</p> <p>NA Meeting 6:00-7:30</p> <p>CEOC Recovery Group With Dr. Frese 2:00 to 3:00</p>	<p><u>24</u></p> <p>Lunch 12:00</p> <p>Big rm. All Club 1:00</p> <p>NA Meeting 6:00-7:00</p>	<p><u>25</u></p> <p>Craft rm. Creative Fun 10:30</p> <p>One Prize Bingo 11:30</p> <p>Lunch 12:00</p> <p>Craft rm. Hope through Wellness 3:30</p>	<p><u>26</u></p> <p>Lunch 12:00</p> <p>Craft rm. Act Up 2:30</p> <p>AA Meeting 5:30-6:30</p>	<p><u>27</u></p> <p align="center">Closed</p> <p align="center">All Staff Meeting 9 to 6</p>
	<p><u>28</u></p> <p>Sign up this week for Trips starting 1/7 to 1/21</p> <p>NA Meeting 6 to 7:30</p>	<p><u>29</u></p> <p>Lunch 12:00</p> <p>Conference rm. Music 12:30 to 1:00</p> <p>Craft rm. Healthy Eating 2:00</p> <p>Bingo 3:30</p> <p>NA Meeting 6:00-7:30</p>	<p><u>30</u></p> <p>Craft rm. BRIDGES Group 11:00</p> <p>Lunch 12:00</p> <p>Craft rm. Men's Group 1:00</p> <p>Craft rm. NAMI Connections 2:30-4:00</p> <p>NA Meeting 6:00-7:30</p> <p>CEOC Recovery Group With Dr. Frese 2:00 to 3:00</p>	<p><u>31</u></p> <p>Stonehedge Bowling 9:30 \$5.25</p> <p>Lunch 12:00</p> <p>Craft rm. Advisory Council 2:00</p> <p>NA Meeting 6:00-7:00</p>	<p align="center"><u>Trips are subject to change or cancelled due to weather or any situation beyond our control.</u></p>		
<p>Meal pricing includes the meal, beverages and gratuity, unless specified differently.</p> <p>Desserts are at members cost and available only if time permits.</p> <p>Buffet or family style meals generally include dessert in the price of the meal.</p>							
<p align="center">All-Club January 10th & 24th 1:00</p> <p>Help plan the calendar what type of food, games, and activities do YOU want to do? Win raffle prize(s).</p>							

Recovery Tape 2nd & 4th Monday 10:30

Healthy Eating 2:00

Every Monday

NAMI Connections 2:30 to 4:00

Every Tuesday

Creative Fun 10:30

Every Thursday

Hope through Wellness 3:30

Every Thursday

Board Meeting

January 19th

Friday 12:00

Act Up Friday 2:30

At CEOC 150 Cross St. Suite 316

Every Tuesday 2:00 to 3:00

Recovery Group with Dr. Frese

2nd & 4th Monday 1:30 to 3:00

Bi Polar Group