

Choices

A Community Social Center
 320 E South St
 Akron, OH 44311
 Phone: (330) 762-8151
 Fax: (330) 762-5041
 Members: (330) 762-2850



February 2018



Monday - Friday 9:00-5:00 www.choicesakr.com
 choicesakr@sbcglobal.net www.facebook.com/choicesakr

SUN	MON	TUE	WED	THU	FRI	SAT
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All support groups are open to the community

Mondays

Second & Fourth Recovery on Tape 10:30
 Music 12:30
 Healthy Eating Support Group 2:00
 "Narcotics Anon 6:00

Tuesdays

Men's Group 1:00
 NAMI Connections 2:30
 Narcotics Anon 6:00

Wednesdays

BRIDGES Group 11:00
 Narcotics Anon 6:00

Thursdays

Hope through Wellness
 Thursday 3:30

Fridays

Act Up 2:30
 Alcoholics Anon 5:30

Sundays

Narcotics Anon 6:00

Trips are subject to change or cancelled due to weather or any situation beyond our control.

CEOC Open
 9am—3pm
 (330) 253-9487
 150 Cross St
 Suite 316
 Akron, Ohio

<p>Sign up this week for Trips starting 2/4 to 2/18</p> <p>NA Meeting 6 to 7:30</p>				<p>¹ Craft rm. Creative Fun 10:30 Lunch 12:00</p> <p>Closed at 12:30 for Mental Health First Aid part 1 1 to 5pm</p> <p>Please sign up at Front Desk Must attend both days</p> <p>Last day to pay for Stonehedge Bowling</p>	<p>² Closed for Mental Health First Aide part 2 9 to 3pm</p> <p>AA Meeting 5:30—6:30</p>	<p>³ Closed</p>
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Support Groups At CEOC
 150 Cross St. Suite 316
 Every Tuesday
 Recovery Group 2:00 to 3:00

Bi Polar Group 1:30 to 3:00
 2nd & 4th Monday

Trip sign-up begins
 Monday at 9:30 and continues through the week for trips that run the next, and following, week.

Eligible dates are listed in the Sunday column of each week.

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	SUN	MON	TUE	WED	THU	FRI	SAT
<p>All Club 2nd & 4th Wednesdays 1:00</p> <p>Advisory Council Every Wednesday 2:00</p> <p>Deadline for signing up for picnics/special events is Friday of previous week</p>	<p>4</p> <p>Sign up this week for Trips starting 2/11 to 2/25</p> <p>NA Meeting 6 to 7:30</p>	<p>5</p> <p>Craft rm. Recovery on tape 10:30</p> <p>Lunch 12:00</p> <p>Conference rm. Music 12:30</p> <p>Craft rm. Healthy Eating Support Group 2:00</p> <p>NA Meeting 6:00-7:30</p> <p>CEOC Bi Polar Group 1:30 to 3:00</p>	<p>6</p> <p>Stonehedge Bowling 9:30 \$5.25</p> <p>Craft rm. Life Skills 10:30</p> <p>Lunch 12:00</p> <p>Craft rm. Men's Group 1:00</p> <p>Craft rm. NAMI Connections 2:30-4:00</p> <p>NA Meeting 6:00-7:30</p> <p>CEOC Recovery Group 2:00 to 3:00</p>	<p>7</p> <p>Craft rm. Bridges Group 11:00</p> <p>Lunch 12:00</p> <p>Craft rm. Advisory Council 2:00</p> <p>NA Meeting 6:00-7:00</p> <p>Last day to pay for Golden Corral & Interstate 18</p>	<p>8</p> <p>Craft rm. Creative Fun 10:30</p> <p>Lunch 12:00</p> <p>Bingo 1:00</p> <p>Craft rm. Hope through Wellness 3:30</p> <p>Last day to pay for Katana</p>	<p>9</p> <p>Golden Corral & Interstate 18 11:00 \$11.75</p> <p>Lunch 12:00</p> <p>Craft rm. Computer Class 1:00</p> <p>Craft rm. Act Up 2:30</p> <p>AA Meeting 5:30-6:30</p>	<p>10</p> <p>Closed</p>
<p><u>Trips are subject to change or cancelled due to weather or any situation beyond our control.</u></p>	<p>11</p> <p>Sign up this week for Trips starting 2/18 to 3/4</p> <p>NA Meeting 6 to 7:30</p>	<p>12</p> <p>Katana 11:30 \$6.50</p> <p>Lunch 12:00</p> <p>Conference rm. Music 12:30</p> <p>Craft rm. Healthy Eating Support Group 2:00</p> <p>Bingo 3:30</p> <p>NA Meeting 6:00-7:30</p>	<p>13</p> <p>Craft rm. Life Skills 10:30</p> <p>Lunch 12:00</p> <p>Craft rm. Men's Group 1:00</p> <p>Craft rm. NAMI Connections 2:30-4:00</p> <p>NA Meeting 6:00-7:30</p> <p>Last day to pay for Olive Garden</p> <p>CEOC Recovery Group 2:00 to 3:00</p>	<p>14</p> <p>Craft rm. Bridges Group 11:00</p> <p>Lunch 12:00</p> <p>Big rm. All Club 1:00</p> <p>NA Meeting 6:00-7:00</p>	<p>15</p> <p>Olive Garden 11:00 \$10.10</p> <p>Craft rm. Creative Fun 10:30</p> <p>Lunch 12:00</p> <p>Craft rm. Hope through Wellness 3:30</p> <p>Last day to pay for Subway & Cinemark</p>	<p>16</p> <p>Postcard Pen Pals 10:15</p> <p>Lunch 12:00</p> <p>Conference rm. Board Meeting 12:00</p> <p>Craft rm. Computer Class 1:00</p> <p>Craft rm. Act Up 2:30</p> <p>AA Meeting 5:30-6:30</p>	<p>17</p> <p>Closed</p>
<p>All-Club February 14th & 28th 1:00</p> <p>Help plan the calendar what type of food, games, and activities do YOU want to do? Win raffle prize(s).</p>							
<p>Choices board meeting is open to all members of the community.</p> <p>February 16th 12:00</p>							

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	SUN	MON	TUE	WED	THU	FRI	SAT
<p style="text-align: center;">Van Trips</p> <p>Due to limited space availability, Choices will provide transportation for the first members that sign up and pay (when necessary) for an outing.</p> <p>Due to limited space on the Calendar make sure you get all the details when you sign up for any activity/trip.</p> <p style="text-align: center;">ALL GROUPS & ACTIVITIES ARE SUBJECT TO CHANGE</p>	<p>18</p> <p>Sign up this week for Trips starting 2/25 to 3/11</p> <p>NA Meeting 6 to 7:30</p>	<p>19</p> <p style="text-align: center;">Closed</p> <p style="text-align: center;">President's Day</p>	<p>20</p> <p>Subway & Cinemark 10:30 \$7.50</p> <p>Craft rm. Life Skills 10:30</p> <p>Lunch 12:00</p> <p>Craft rm. Men's Group 1:00</p> <p>Craft rm. NAMI Connections 2:30-4:00</p> <p>NA Meeting 6:00-7:30</p> <p>CEOC Recovery Group 2:00 to 3:00</p>	<p>21</p> <p>Volunteer Wednesday 9 to 12 Sign up with Sheri</p> <p>Craft rm. Bridges Group 11:00</p> <p>Lunch 12:00</p> <p>Craft rm. Advisory Council 2:00</p> <p>NA Meeting 6:00-7:00</p> <p>Last day to pay for Fun Buffet</p>	<p>22</p> <p>Craft rm. Creative Fun 10:30</p> <p>One Prize Bingo 11:30</p> <p>Lunch 12:00</p> <p>Birthday Celebration 1:30</p> <p>Craft rm. Hope through Wellness 3:30</p>	<p>23</p> <p>Fun Buffet 11:00 \$7</p> <p>Lunch 12:00</p> <p>Craft rm. Computer Class 1:00</p> <p>Craft rm. Act Up 2:30</p> <p>AA Meeting 5:30-6:30</p>	<p>24</p> <p style="text-align: center;">Closed</p>
	<p>25</p> <p>Sign up this week for Trips starting 3/4 to 3/25</p> <p>NA Meeting 6 to 7:30</p>	<p>26</p> <p>Lunch 12:00</p> <p>Conference rm. Music 12:30 to 1:00</p> <p>Conference rm. All Staff Meeting 1:00</p> <p>Craft rm. Healthy Eating Support Group 2:00</p> <p>NA Meeting 6:00-7:30</p>	<p>27</p> <p>Craft rm. Life Skills 10:30</p> <p>Lunch 12:00</p> <p>Craft rm. Men's Group 1:00</p> <p>Craft rm. NAMI Connections 2:30-4:00</p> <p>NA Meeting 6:00-7:30</p> <p>CEOC Recovery Group 2:00 to 3:00</p>	<p>28</p> <p>CPR Family & Friends Class 9:00</p> <p>Sign up at Front Desk</p> <p>Craft rm. Bridges Group 11:00</p> <p>Lunch 12:00</p> <p>Big rm. All Club 1:00</p> <p>Bingo 3:00</p> <p>NA Meeting 6:00-7:00</p>	<p><u>Trips are subject to change or cancelled due to weather or any situation beyond our control.</u></p>		
<p>Meal pricing includes the meal, beverages and gratuity, unless specified differently.</p> <p>Desserts are at members cost and available only if time permits.</p> <p>Buffet or family style meals generally include dessert in the price of the meal.</p>							
<p style="text-align: center;">All-Club February 14th & 28th 1:00</p> <p>Help plan the calendar what type of food, games, and activities do YOU want to do? Win raffle prize(s).</p>							

Recovery Tape 2nd & 4th Monday 10:30

**Healthy Eating Support Group 2:00
Every Monday**

**NAMI Connections 2:30 to 4:00
Every Tuesday**

**BRIDGES Group 11:00
Every Wednesday**

Creative Fun 10:30 Every Thursday

**Hope through Wellness 3:30
Every Thursday**

**Board Meeting
February 16th Friday 12:00**

Computer Class 1:00 Every Friday

Act Up 2:30 Every Friday

**At CEOC 150 Cross St. Suite 316
Every Tuesday 2:00 to 3:00**

**Recovery Group
2nd & 4th Monday 1:30 to 3:00
Bi Polar Group**